

Can I Create my own Speech?

My wonderful friends... I would like to talk to you about what it is like to be an autistic person. Someday, I would like to walk through the school and see children playing together. Some of those children are autistic and some of them have no additional needs at all. They are together, laughing, learning, living and having fun.

It is different being autistic; people don't understand how hard it is to talk about it.

I will be brave and try my best.

No-one knows what is going on in each other's heads but if I tell you about mine, I'm sure you will understand.

It is difficult to understand feelings and facial expressions; when I see a sad face I can think it's a happy face. It is difficult because sometimes my emotions can be felt in my arms; my emotion arms will do stuff all by themselves. It is difficult when my concentration goes; it just leaves me like a friend who doesn't want me anymore.

I know some people don't know what it's like to be me... Imagine you are a little kitten in a big place surrounded by big dogs. How would you feel? Scared, sad, lonely? That is how I can feel when I'm in a room full of barking dogs. What can a kitten do but go into her own head?

Imagine you are the only person on Earth, searching to find friends, impossible right? That is what it is like for me on the playground.

Don't worry about me. I am fine but do come and say hello...

..because that will make me feel that I'm not the only person on the planet.

By  
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